

Young people's MH in Stockton on Tees

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Problem

- Stockton on Tees is a negative outlier nationally for the following:
- Alcohol and drug abuse
- Suicides
- Deliberate self harm
- Self poisoning

Agencies in care

- CAMHS
- Liaison psychiatry
- Acute Trusts – JCUH and North Tees
- General practitioners
- Crisis suite
- MH concordat
- Charitable groups/self help groups
- Alcohol and drug services

Achievements

- Data gathering – the hidden injuries – getting better
- Funding – Liaison and CAMHS - now 24hour services – a great improvement to previous (please, do not cut!)
- Crisis suite – takes direct referral from all – public , schools, HV, acute trusts, GP, Police – huge improvement compared to all being seen in hospitals and then transferred.

Challenges

- Long delays in 'section process' – when required.
- Beds availability in secure units particularly young people (had to go to Hull once)
- Conveyance – from hospital to crisis suite – lack of MH ambulances)
- Early identification of 'at risk behaviours', alcohol and drug issues, early intervention etc.